

Pickerington SCHOOLS

EDUCATING FOR TOMORROW

RETURN TO PLAY - GENERAL GUIDELINES FINAL PHASE

The following guidelines govern physical distancing and safety procedures for pupil activity programs that practice, train or compete during the summer of 2020. All of these activities must be performed in accordance with Ohio Department of Health (“ODH”) orders, OHSAA guidance, and the procedures described below. These procedures are intended to adhere to ODH and OHSAA requirements; if any of these procedures are in conflict with ODH orders or OHSAA guidance as they currently exist or as they may be modified in the future, those other sources will control.

- General Guidelines for athletics and band
 - Bring multiple personal water bottles and to are clearly labeled as water will not be provided
 - Recommended to bring own hand sanitizer and cleaning supplies as deemed necessary
 - Students should wash hands with soap and water or use hand sanitizer, if such resources are available, when entering and leaving the facilities. Hand sanitizer and wipes should not be shared.
 - We will enforce a “no touch rule” whenever possible. This includes no “high fives”, hand-shaking, and group huddles before, during or after an activity.
 - Masks are required to be worn by students
 - When arriving and leaving school premises/practices
 - Masks should be worn when not actively in an activity and other equipment (i.e. instruments) does not prohibit it. Physical distancing should occur when not actively involved in an activity with or without a mask
 - Masks are required to be worn by staff

- When arriving and leaving school premises/conditioning
 - Masks are to be worn when not actively demonstrating or participating in an activity
 - When not involved activities must keep 6' physical distance
 - Students should arrive to with clean clothes daily
 - Clean personal equipment daily - instruments, props, etc
 - Parents please pay close attention to the end times so your student won't be waiting around and possibly congregating with others. Please leave school grounds immediately once the activity is over and you have picked-up your student.
 - No gathering before or after practices with other students
 - Physical contact is only permitted within the requirements of the audition/practice.
 - Limit the time spent on drills/activities where students are in close proximity for extended periods of time
 - Parents, family members or friends cannot attend or participate in workouts
 - Locker/Dressing rooms are not being used
 - All fundraising will be virtual through the first semester and will be reevaluated after January 1
- Health
 - Parents/guardians are expected to complete the following prior to activity
 - Take the student's temperature every day. If your student is experiencing symptoms consistent with illness, and a fever of 100.0°F or more, they must stay home and be fever free for 24 hours without the aid of medication prior to returning. If your child has any symptoms of a fever, contact his/her director.
 - Keep student home if sick or have symptoms
 - Symptoms
 - Cough
 - shortness of breath or difficulty breathing
 - fever - if a student or coach miss a workout with a fever of 100 or more, they must stay home and be fever free for 24 hours without taking fever reducing medication (tylenol - advil) and must have a physician's note clearing them to return
 - chills - repeatedly shaking
 - muscle pain
 - Headache
 - sore throat
 - loss of appetite or smell
 - Ensure that all students and parents/guardians have completed google form PRIOR TO audition/practice. If not, the students will be sent home and not permitted to practice that day. The google form must be completed every day.
 - Medical conditions

- If Sick
 - A note is REQUIRED from a physician prior to returning to auditions/practices
- Exposure
 - if a student or coach is exposed to someone with the virus the individual will quarantine for 14 days and notify their director. Franklin County Health Department will be notified if necessary. Students/parents are REQUIRED to present written clearance from the health department prior to returning to activity.
- Positive tests
 - if a student or director contracts the virus, the Franklin County Health Department will be notified. They will not be allowed to return until given written clearance from the Health Department.
 - Must be cleared by a physician (preferably someone whom the student has established care such as PCP or pediatrician) prior to returning and written clearance must be provided
 - A student, whether symptomatic or asymptomatic, shall not return to activities until a documented medical exam is performed clearing the individual returning to participation in auditions/practices or contests. The documented medical exam must specifically include an assessment of the cardiac/heart risk of high intensity exercise due to the potential of myocarditis occurring in Covid 19 patients.
 - Complete the return to play protocol
 - All test results (positive or negative) need to be reported to the athletic department with appropriate written documentation.
- Travel
 - Recommended that students who are riding together only come from the same household
 - When traveling on a bus or van, masks are required to be worn by staff and students
 - When traveling by bus there will be one student to a seat
 - Students should not arrive more than 10 minutes early for their activity, and they should remain in their car until the previous group has left the same facilities if there are multiple sessions.
 - Parents must stay in your car when dropping off and picking up your student
 - Parents will have the option of signing a travel release if they want to take their student home from an event

- If a student/family visits one of the states in the Ohio Department of Health's advisory, upon your return you should continue monitoring the health of your student as we continually monitor the daily health check forms.
- There will be no trips during the 2020-21 school year
- Games/Plays/Shows
 - Purchasing Tickets
 - All tickets will be purchased online
 - Tickets are for family members only
 - Limited to 15% facilities capacity
 - No passes
 - All spectators must wear a mask
 - All spectators must maintain physical distancing with family members
 - All spectators must sit in their assigned section
 - All spectators must conduct a daily symptoms assessment
 - Anyone experiencing symptoms must stay home
 - No congratulating before or after events
- This continues to be a fluid situation. As the Governor, ODH and OHSAA change their guidelines, we will reevaluate our plan
- As we have stated, parents play a major role in helping keep our students, staff and families safe.
- Parents play a major role in returning to play by following guidelines

9/28/20